

Belegungsplan

	MO	DI	MI	DO	FR	SA	SO
07-00 -08.00							
08.00 -09.00							
09.00-10.00							
10.00-11.00							
11.00-12.00							
12.00-13.00							
13.00-14.00							
14.00-15.00							
15.00-16.00							
16.00-17.00							
17.00-18.00							
18.00-19.00							
19.00-20.00							
20.00-21.00							
21.00-22.00							



Yoga

Monica Merz



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Magdalena Schreier



Faszientraining

Katharina Schmid



Aero-Jazz-Fit
Rückenfit

Patrizia Hägi



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Sandra Nonella